An Evening with Barbara Arrowsmith Young

Barbara Arrowsmith-Young, author of the International Bestseller *The Woman Who Changed Her Brain*, and founder of the Arrowsmith Program visits Paris on **November 12th, 2018.**

Barbara's presentation, *A Personal Journey into the World of the Brain - Shaping the Mind*, tells the compelling story of how Barbara tapped into neuroscience research and used neuroplasticity to transform her brain and life, then went on to found the Arrowsmith Program.

**Date:** Monday November 12, 2018  
**Time:** 3:00 pm and 7:30 pm  
**Location:** La Maison Des Etudiants Canadiens Salon Wilson de la Maison 31 Boulevard Jourdan, Paris 75014

**Registration Details:** arrowsmithschool.org/paris