

An Evening with Barbara Arrowsmith Young



Barbara Arrowsmith-Young, author of the International Bestseller *The Woman Who Changed Her Brain*, and founder of the Arrowsmith Program visits Paris on **November 12th, 2018.**

Barbara's presentation, *A Personal Journey into the World of the Brain - Shaping the Mind*, tells the compelling story of how Barbara tapped into neuroscience research and used neuroplasticity to transform her brain and life, then went on to found the Arrowsmith Program.

Date: Monday November 12, 2018

Time: 3:00 pm and 7:30 pm

Location: La Maison Des Etudiants
Canadiens Salon Wilson de la Maison
31 Boulevard Jourdan, Paris 75014

Registration Details: arrowsmithschool.org/paris

"Rarely is the person who makes a discovery the one with the defect. Barbara is the exception."
Norman Doidge, M.D.



the
woman
who changed
her brain

and other inspiring
stories of pioneering
brain transformation



Barbara Arrowsmith-Young